



Starting Points for Evidence-Based Cam (Complementary and Alternative Medicine)

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Either completely or partly "Free & Open Access" or "Fee"-based - LOCKED

1. **LOCKED** [ACUBASE](#) was created by the [Bibliothèque Universitaire de Médecine de Nîmes](#) and contains 20,000 French and English references, book and journal articles dedicated to acupuncture. *Acubase* includes conference proceedings and many 1000s of new references each year. **Subscription is required.**
2. [ACUBRIEFS](#) supported by a grant from the Medical Acupuncture Research Foundation (MARF), its purpose is to make available the most comprehensive database of references on acupuncture in the English language.
3. **LOCKED** [Allied and Complementary Medicine \(AMED\)](#) is a unique database produced by the Health Care Information Service at the British Library. AMED includes information about complementary medicine, palliative care and many professions allied to medicine. AMED contains bibliographic records and abstracts from 1995 to the present with articles from ~500 journals. Its scope of coverage is mostly European. **Subscription is required.**
4. **LOCKED** [AltHealthWatch](#) Perspectives of complementary, holistic, and integrated approaches to health care and wellness. Indexes reports, proceedings, pamphlets, booklets, original research and book excerpts as well as association and consumer newsletters from 140 international sources. To see a full list of sources, see the [coverage list](#). **Subscription is required.**
5. [American Massage Therapy Association \(AMTA\) Information Center](#)
Current and archived citation lists on massage therapy topics. Information is categorized under headings such as "News & Publications" and research.
6. [AGRICOLA®](#) AGRICultural OnLine Access: "a bibliographic database of agricultural literature created by the National Agricultural Library and its cooperators". Includes citations about herbs and medicinal plants and references from [HerbalGram](#).
7. [Bandolier Evidence-Based Health Care](#) provides information re: evidence of effectiveness (or lack thereof). Information comes from systematic reviews, meta-analyses, trials and high quality observational studies. Other information, such as large epidemiological studies, may be included if they shed important light on a topic.
8. [British Homeopathic Library](#) indexed literature in homeopathy. It is the new and improved catalogue of literature references that was once Hom-Inform.
9. [CAIRSS for Music](#) <<http://twu.ca/library/cairss.htm>>
"Bibliographic database of music research and music therapy literature. Citations have been taken from 1,354 journal titles; 18 of which are primary journals, meaning that every article ever to appear is included in the indexing."



10. **CAMEOL** NHS Priorities/CAMEOL Project was a joint project between the Research Council for Complementary Medicine (RCCM) and the School of Integrated Health, University of Westminster (UoW), London and University of Plymouth, UK. The CAMEOL database contained reviews of evidence of CAM therapies. **Website disclaimer:** *Please note that the CAMEOL project was completed in 2009. The outcomes of the project, although now in need of updating, are considered to be of sufficient interest and importance to reproduce here in order that they can reach a wider audience.*
11. **[Canadian Interdisciplinary Network for Complementary and Alternative Medicine](#)**  A collaborative research network created to foster excellence in *complementary and alternative medicine* (CAM) research in Canada. Provides a list of useful CAM information resources based on geographical area.
12. **[Canadian Poisonous Plants Information System](#)** data on plants that cause poisoning in livestock, pets, and humans. The plants include native, introduced, and cultivated outdoor plants as well as indoor plants that are found in Canada. Some food and herbal plants are also included that may cause potential poisoning problems. The Information System is intended for use by veterinarians, doctors, and poison control personnel. The information is based entirely on literature references.
13. **[CAM on PubMed®](#)**: bibliographic citations from the National Library of Medicine's PubMed (MEDLINE) database that allows you to limit to the **[CAM journal subset](#)**.
14. **[Centre for Reviews and Dissemination \(CRD\) Databases](#)** DARE abstracts with 21,000 systematic reviews; NHS EED abstracts of health economics papers including over 11,000 assessed economic evaluations. HTA lists 10,000 ongoing health technology assessments from around the world.
15.  **[LOCKED CINAHL®](#)** Index to Nursing & Allied Health: a number of CAM journals are indexed in CINAHL, and it increasingly indexes theses, dissertations and grey literature. **Subscription is required. Ask your local health librarian for assistance.**
16. **[ClinicalTrials.gov](#)** provides a central way to find current trials by disease, drug, modality, therapy or procedure. Includes CAM trials [search by alternative (medicine or therapy) or complementary; modality: acupuncture, ginkgo or shark cartilage.]
17. **[Cochrane Collaboration – Topic list for Complementary medicine](#)**
Free abstracts to the Cochrane Database of Systematic Reviews; search by acupuncture, ginkgo, traditional Chinese medicine (TCM) etc. **Subscription is required for fulltext. Ask your local health librarian for assistance.**
18. **[Dietary Supplements, Food and Drug Administration \(FDA\) U.S.](#)** links to general information about dietary and nutritional supplements from both governmental agencies and non-governmental organizations. Includes resource lists, individual supplement information, and links to resources for assessing supplement use.
19. **[Dr. Duke's Phytochemical and Ethnobotanical Databases](#)** Agricultural Research Service U.S. Department of Agriculture. Disclaimer from site: *Data gathered randomly from the literature.*






20. **[Datadiwan](#)** "information on holistic medicine; discussion from around the globe. A network linking research organizations world-wide." Most literature is in German. Provides over 6,000 bibliographic entries as well as 6,000 addresses.
21. **[EMBASE®](#)** international database covering biomedical, pharmacological and drug literature. **[LOCKED](#)** - some content searchable at **[Scirus.com](#)** **Subscription is required for fulltext. Ask your local health librarian for assistance.**
22. **[Geneva Foundation for Medical Education and Research Guidelines & Reviews](#)**
Traditional Medicine and Complementary/Alternative Medicine list of Guidelines, and reviews relevant to complementary and alternative medicine.
23. **[SOME LOCKED HerbMed®](#)** - provides access to scientific data to support the use of herbs. Evidence-based information is geared towards health professionals, researchers and the public (which freely provides access to 20 popular herbs). Now HerbMed® Pro provides access to the complete database (240 herbs) with continuous updating using Dynamic Updates. Available for **[licensing](#)** from the **[American Botanical Council](#)**.
24. **[Index to Chiropractic Literature 1985-2006](#)**: librarians working in chiropractic colleges create ICL to improve access to chiropractic literature.
<http://clibcon.wordpress.com/>
25. **[IBIDS - International Bibliographic Information on Dietary Supplements database](#)**:
Produced by Office of Dietary Supplements with the Food and Nutrition Information Center, National Agricultural Library and the USDA. Contains abstracts from scientific journals on dietary supplements, vitamins, minerals, herbal and botanicals..."
26. **[LOCKED Manual, Alternative and Natural Therapy \(MANTIS\) Database](#)** (formerly CHIROLARS) covers health disciplines not represented in the major medical databases. 400,000+ references from 1,000 journals with preference given to peer-reviewed journals. Includes health promotion, & prevention, acupuncture, allopathic medicine, alternative medicine, chiropractic, homeopathy, naturopathy and osteopathic medicine.
27. **[MEDLINEplus - Complementary and Alternative Medicine](#)** and **[Drugs, Supplements and Herbal Information](#)**
28. **[LOCKED MICROMEDEX Complementary & Alternative Medicine \(CAM\) Series](#)** "a scientifically based in-depth series that covers herbal medicine, dietary supplements, clinical protocols, patient education, and herbal toxicology. The AltMedDex™ System provides information on herbals and other dietary supplements.
29. **[LOCKED NAPRALERT, Natural Products ALERT](#)** from **[STN International](#)**:
bibliographic data on natural products pharmacology, biological activity, taxonomic distribution, ethno-medicine and chemistry of plant, microbial and animal & marine extracts. NAPRALERT contains 179,843 bibliographic records containing information from over 150,261 natural products and 174,257 organisms. ~50% are from systematic reviews of literature from 1975 to present (selective indexing back to 1650).
30. **[National Center for Complementary and Alternative Medicine \(NCCAM\) U.S.](#)**
provides timely and accurate information about CAM research in many ways, such as



through our Web site, Twitter, Facebook, and other social media tools, our information clearinghouse, fact sheets, Lecture Series, and continuing medical education programs.

31. **LOCKED Natural Medical Protocols for Doctors:** "service includes current research and treatment for common medical conditions and vitamins, minerals, herbs, homeopathy and other supplements and therapies."
32. **LOCKED Natural Medicines Comprehensive Database:** "up-to-date clinical data on the natural medicines, herbal medicines, and dietary supplements used in the western world. Compiled by pharmacists and physicians."
33. **LOCKED Natural Standard** (www.naturalstandard.com) provides evidence-based reviews of research on botanical and dietary supplements and other complementary and alternative medicine therapeutics to aid health care practitioners and patients in the decision-making process. (Some free content at [MEDLINEplus](http://medlineplus.gov)).
34. **Native American Ethnobotany Database** "foods, drugs, dyes, fibers and other uses of plants (over 47,000 items). This represents uses by 291 Native American groups of 3,895 species from 243 different plant families." http://www-personal.umd.umich.edu/~dmoerman/about_ethnobot.pdf
35. **NaturalHerbsGuide** <http://www.naturalherbsguide.com/> a non-commercial, evidence-based, natural herbs and herbal remedies site to help consumers learn more about helpful natural herbs, herbal remedies, and herbal medicines.
36. **NHS Evidence – Complementary Therapies** provides access to up-to-date, relevant information. Subsumed from the contract that funded the National Library for Health Complementary and Alternative Specialist Library, the content from NHS Evidence is intended primarily for health professionals, CAM practitioners and researchers, but the majority of the information is also accessible by patients, and the general public.
37. **Online Archive of American Folk Medicine**
For more than fifty years, folklorists have documented folk medicine and alternative health practices. In order to make this knowledge available to a community of researchers and medical practitioners, this Archive was established in 1996 under the direction of Dr. Michael Owen Jones, a professor of folklore and history.
38. **OSTMED-DR: Osteopathic Medicine Digital Repository** index to osteopathic medical literature 1898 to 1999. Continues to add information including historical documents, books, core journals, selective journals, video, and images.
39. **PedCAM – Pediatrics Complementary and Alternative Research and Education (CARE) Program** PedCAM is a Canadian network that aims to disseminate a range of information and to build collaborative relationships between researchers, educators, clinicians and policy-makers, nationally and internationally.
40. **PEDro: The Physiotherapy Evidence Database** PEDRO contains ~21,000 randomized trials, systematic reviews and clinical practice guidelines related to physiotherapy. All trials are independently assessed for quality. The quality ratings are used to guide users to trials that are more likely to be valid and guide clinical practice.



41. Phytotherapies.org Free after registration. Sponsored by Herbworx Corporation, an Australian company dedicated to ensuring practitioners are supplied with high quality herbal medicine clinically relevant, scientifically validated information. Registered users can access detailed information on monographs, indications and more.
42. [Poisonous Plant Database](#) United States Food & Drug Administration, Center for Food Safety & Applied Nutrition, Office of Plant and Dairy Foods and Beverages. This database contains references to the scientific literature describing studies of the toxic properties and effects of plants and plant parts.
43.  [LOCKED PsycInfo](#), American Psychological Association: source for mind-body and other complementary and alternative therapies used in mental disorders, stress reduction or psychological and behavioural processes and neuroimmunology.
44. [QiGong & Energy Database™](#) provides the only information in English that records the clinical and experimental research on Qigong and Energy medicine. It is updated to contain references to Qigong and several alternative therapies that depend upon Qi - the vital life-force energy of body/mind. The database contains references to Qigong and other energy-based therapies, clinical trials and practices. While the emphasis is on scientific reports, reviews are provided in some cases.
45. [TOXNET databases \(includes TOXLINE\)](#) An NLM-NIH initiative covering pharmacological, physiological, and toxicological effects of drugs and other chemicals. Over 3 million citations, most with abstracts, index terms and CAS Registry Numbers.
46.  [LOCKED TradiMed](#) Oriental Medicine, Seoul, Korea. Tradimed is based on various Chinese and Korean medical classics, and combines the results of traditional medicine and modern science. It promotes understanding of traditional medical treatments from the point of view of the modern science, and complements new product developments.
47.  [LOCKED Traditional Chinese Medicine Database System](#) China Academy of Traditional Chinese Medicine: ten Chinese language and two English language databases. English language database called Traditional Chinese Medicinal Literature Analysis and Retrieval System (TCMLARS); abstracts on acupuncture and phytotherapies. Contains Chinese materia medica, herbal drugs, mineral drugs.



Miscellaneous CAM websites

1. [Alternative Medicine Foundation Homeopathy: An Alternative and Complementary Medicine Resource Guide](#)
2. [Alternative Medicine Homepage](#) - a portal of resources in *alternative medicine*
3. [Australian Centre for Complementary Medicine, Education, & Research](#)
4. [LOCKED BESTCAM](#) (University of Westminster)
5. [Complementary and Alternative Medicine \(New Zealand Guidelines, Ministry of Health\)](#)
6. [EBM Online Complementary Medicine](#) (CAM articles published in BMJ)
7. [Evidence-Based Complementary Medicine](#) (Centre for Evidence-Based Medicine, University Health Network, Toronto) 🇨🇦
8. [Introduction to Evidence-Based Complementary & Alternative Medicines](#)
9. [Quackwatch](#) - service to combat health-related frauds, myths, fads and fallacies
10. [Richard and Hinda Rosenthal Center for Complementary and Alternative Medicine: Directory of Databases](#)
11. [Traditional Knowledge Digital Library](#) - contains 100,000 traditional remedies; based on information from ancient healing arts known as ayurveda, unani and siddha.
12. [Tropical Plant Database](#)
13. [Tufts EBCAM](#) (Tufts University School of Medicine)

Additions March 2012

- [Alberta Complementary and Alternative Medicine Research Network](#) 🇨🇦
A pathfinder of information and links to databases, journals, websites, search engines, professional organizations and consumer-patient information for CAM.
- [Alternative Medicine \(CAM\) Journals and Research Databases](#)
An online encyclopedia for therapies written by and for CAM professionals.

BC Cancer Agency's Evidence-based Websites for CAM Information 🇨🇦

This page provides access to BCCA's useful links for EBM and CAM

- [CHEO Resources: Complementary and Alternative Medicine \(Ontario\)](#) 🇨🇦
This site provides lists of resources and websites for CAM information
- [Complementary and Alternative Medicine Program at Stanford School of Medicine](#)
This CAM program has several research teams studying alternative medicine issues.
- [Health Action Network \(B.C.\)](#) 🇨🇦
Provides information on preventive medicine and natural therapeutics. See the Health Action magazine, e-News and regular events. It has the largest on-line library in B.C. and fields up to ~25,000 enquiries per year from British Columbians.
- [Institute for Traditional Medicine \(U.S.\)](#)
A non-profit organization that provides education, conducts research and offers therapeutic programs about natural healing, herbal formulas, acupuncture, massage, diet, nutrition.
- [University of Washington Evidence Based Complementary & Alternative Medicine](#)
Pathfinders and other resources are provided to search for information in CAM.